

Pediatric Echocardiographic Normal values

Massimiliano Cantinotti MD

Fondazione Toscana G. Monasterio
and Institute of Clinical Physiology
(CNR) Massa and Pisa

SIEC Firenze 18-20 Febbraio
2016

Background

- An echocardiographic quantitative evaluation of the cardiac and vascular structures is often of critical importance for the diagnosis and management of congenital heart diseases.
- In the pediatric age echocardiographic measurements, as well as any other measurements, need to be normalized according to range of normality for a given age and body size.

How To Normalize

- In the pediatric age data are commonly normalized according to:
 - Age
 - Weight/height
 - BSA
- BSA usually adopted for normalization in pediatric echocardiography

The Why and How of Z Scores

Steven D. Colan, MD  

Department of Cardiology, Boston Children's Hospital, Boston, Massachusetts

DOI: <http://dx.doi.org/10.1016/j.echo.2012.11.005>



Abstract

Full Text

References

Editorial Comment

The Why and How of Z Scores

Steven D. Colan, MD, *Boston, Massachusetts*

The use of echocardiographic measurements to detect disease and predict outcomes can be confounded by a number of nondisease factors, including the effect of body size, that contribute to the variance of these measurements. The process of normal growth is associated with a nearly 200-fold increase in normal left ventricular end-diastolic volume (EDV) from premature infants up to large adolescents, making it imperative to account for changes in body size in pediatrics. Although this issue is often ignored in adult echocardiography, the sensitivity and specificity of parameters of left ventricular size are significantly improved when adjustment for body size in adults is performed.¹ The article by Mawad *et al*.² in this issue of *JASE* addresses an important aspect of this process, although it is likely a topic that is unfamiliar to most echocardiographers, even those in pediatric cardiology who rely heavily on Z scores. The concept of Z scores itself is often unfamiliar to adult echocardiographers.

cardiomyopathy that includes EDV as an end point (see Table 1). The study design involves recruiting 10 age-matched, sex-matched, and BSA-matched pairs of various ages and conducting a placebo-controlled trial lasting 2 years. As shown in the table, we are assuming perfect matching (age and BSA are identical in both groups) and similar growth in both groups, which is unrealistic, but these are well-recognized sources of variance, and by eliminating them as potential confounders in this example, recognition of other sources of variance is enhanced. The EDVs and EDV Z scores in the two groups are insignificantly different at baseline. Paired comparison of change in EDV between the treatment and control groups detects no statistically significant clinical benefit ($P = .14$), whereas when adjustment for body size is performed by paired comparison of change in EDV Z score at the two time points, the effect is significant ($P = .04$).

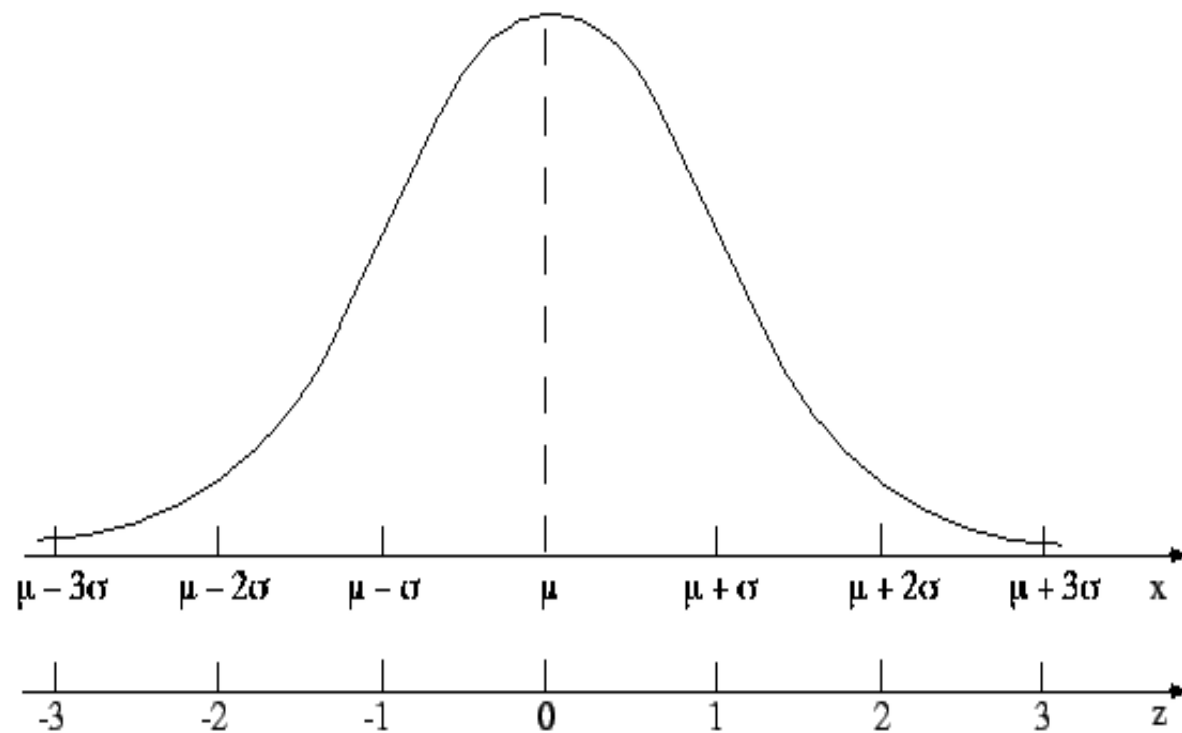
Why was the analysis based on Z scores more effective in detecting

How to express normalized data: Z scores

- Normalized data may be expressed in different ways, including the percentage of the mean normal value, percentile charts, and Z scores.
- The Z score of a measurement is the number of standard deviations of that value from the mean value. If a measurement is equal to the population mean, the
 - ***Z score is 0; a Z score of +2 or 2 corresponds to the 95th percentile (i.e., 2 standard deviations above or below the mean)***

Nomograms and Z scores

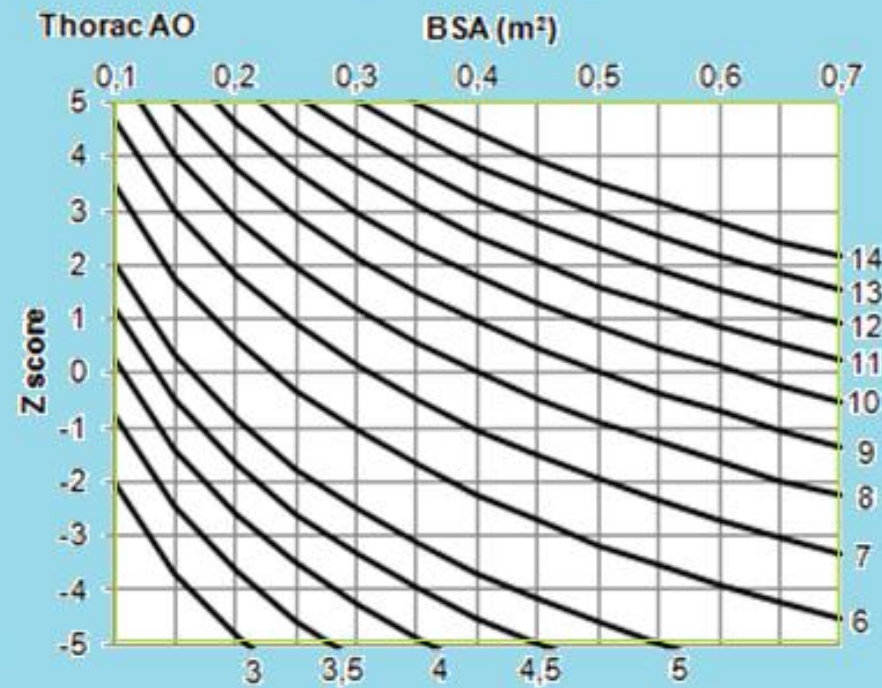
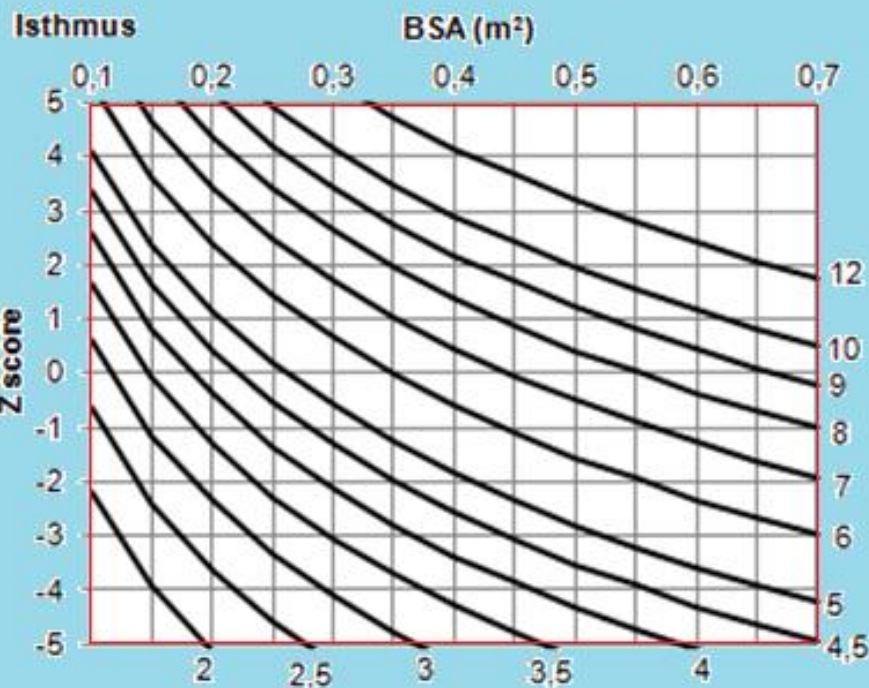
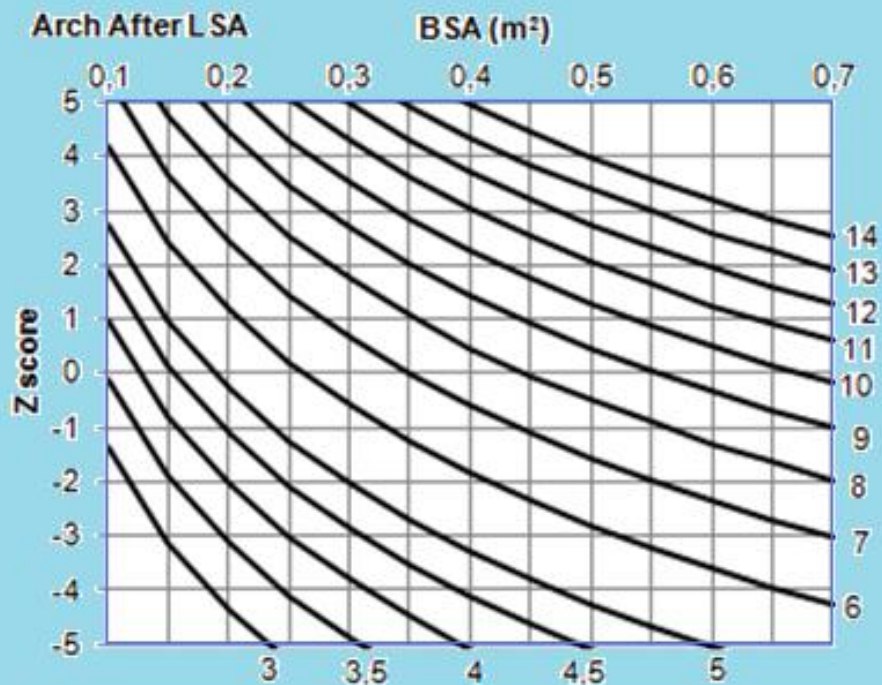
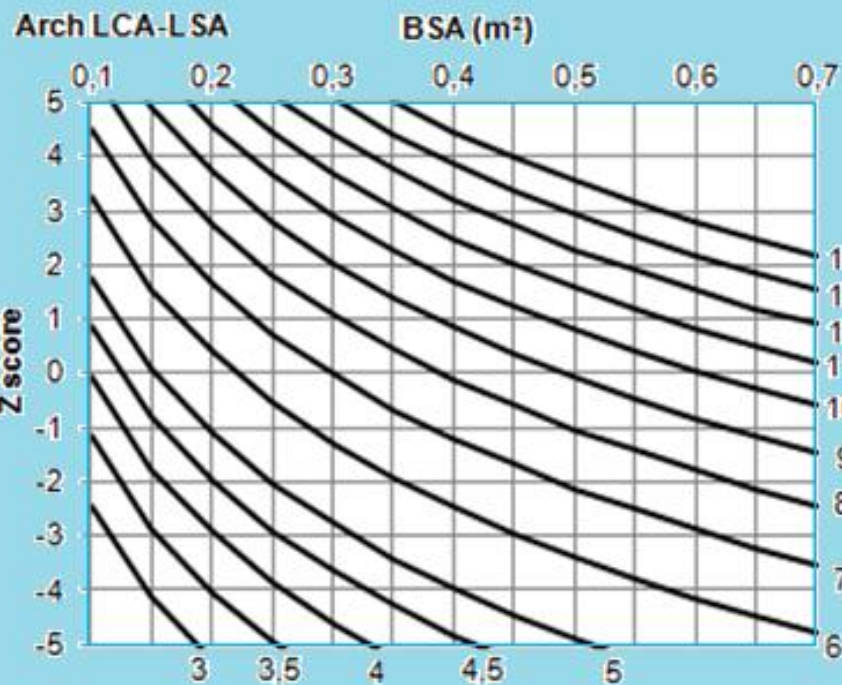
- Thus to normalize in pediatric echocardiography we use nomograms
- Normalized data are expressed as z score
- i.e. a z score > 2 indicate dilatation while a z score < 2 indicate hypoplasia



68.3%

95.4%

99.73%



To trust in z scores?

- Clinician often rely on z score to take very important clinical decision (i.e. biventricular versus single ventricle repair)
- Thus z scores should be accurate tools
- BUT.....

PART 1: dimensional Indexes

➤ Basically 2d values

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Z-Scores of Cardiac Structures | Detroit Data

Calculate the z-scores of 21 common 2D and M-Mode echo measurements, related to body surface area. Measurement sites include the mitral valve, left ventricle, aortic valve, aortic arch, pulmonary valve, and pulmonary arteries. Data is from 782 patients evaluated at the Children's Hospital of Michigan.

Height (cm):
 Weight (kg):
 BSA formula: 0.21 M²

Site	Measured (cm)	Mean	Range	Z-Score
RVD:	<input type="text"/>	1.02	(0.68 - 1.51)	
IVSd:	<input type="text"/>	0.36	(0.26 - 0.52)	
IVSs:	<input type="text"/>	0.48	(0.36 - 0.65)	
LVIDd:	<input type="text"/>	1.85	(1.57 - 2.18)	
LVIDs:	<input type="text"/>	1.14	(0.93 - 1.41)	
LVPWd:	<input type="text"/>	0.29	(0.21 - 0.39)	
LVPWs:	<input type="text"/>	0.55	(0.43 - 0.70)	
Aortic Annulus:	<input type="text" value="0.5"/>	0.68	(0.58 - 0.80)	-3.08
Sinuses:	<input type="text"/>	0.96	(0.80 - 1.15)	
ST Junction:	<input type="text"/>	0.75	(0.60 - 0.94)	
Transverse Arch:	<input type="text"/>	0.77	(0.60 - 0.99)	
Isthmus:	<input type="text"/>	0.54	(0.41 - 0.71)	

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Height (cm):
 Weight (kg):
 BSA formula: 0.12 m²

Location	Measured	Mean Range	Z-Score
Tricuspid Valve (cm):	<input type="text"/>		
RV Inflow (cm):	<input type="text"/>		
RV Outflow (cm):	<input type="text"/>		
RV Area (cm ²):	<input type="text"/>		
Pulmonary Valve (cm):	<input type="text"/>		
MPA (cm):	<input type="text"/>		
RPA (cm):	<input type="text"/>		
LPA (cm):	<input type="text"/>		
Mitral Valve (A-P) (cm):	<input type="text"/>		
Mitral Valve (Lat) (cm):	<input type="text"/>		
LV Inflow (cm):	<input type="text"/>		
LV Area (cm ²):	<input type="text"/>		
Aortic Valve (cm):	<input type="text" value="0.5"/>	0.53 0.47 - 0.59	-0.83
Sinuses (cm):	<input type="text"/>		
ST Junction (cm):	<input type="text"/>		
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Current Issue | [February 2012, Vol. 25, No. 2](#)

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3.518 Impact Factor!

Issue Highlights

The Role of Echocardiography in the Management of Patients Supported by Extracorporeal Membrane Oxygenation
February 2012(Vol. 25 | No. 2 | Pages 131-141)

David Gerard Platts, John Francis Sedgwick, Darryl John Burstow, Daniel Vincent Mullany, John Francis Fraser

Limitations of Current Echocardiographic Nomograms for Left Ventricular, Valvular, and Arterial Dimensions in Children: A Critical Review

February 2012(Vol. 25 | No. 2 | Pages 142-152)

Massimiliano Cantinotti, Marco Scalese, Sabrina Molinaro, Bruno Murzi, Claudio Passino

Claudio Passino

[Abstract](#) | [Full Text](#) | [PDF \(372 KB\)](#)

Alteration in Subendocardial and Subepicardial Myocardial Strain in Patients with Aortic Valve Stenosis: An Early Marker of Left Ventricular Dysfunction?

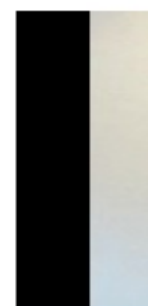
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Structures evaluated

We evaluated 31 published nomograms on 2 cardiac dimensions:

- **LVED and LVES** diameters in M-mode;
- **MV annulus** in apical 4CH-view and PLA view and the **TV annulus** in the apical 4CH-view;
- **Pulmonary annulus, MPA, and pulmonary arteries** in the parasternal SA view;
- **Aorta**: AO annulus, the AO root at the sinuses of Valsalva, the sinotubular junction, and the ascending aorta in the PLA view;
- **AO Arch** at different levels: the proximal transverse arch (between the IA and LCA), the distal transverse arch (LCA and LSA) and the aortic isthmus (narrowest aortic segment distal to LSA).

RESULTS

➤ The analysis highlights the accuracy of the latest studies but also underscores that some limitations remain.

☐ **2 major Limitations**

➤ Numerical

➤ Methodological

Methodological Limitations

- the lack of standardization in echo measurements (ASE guidelines only recently available)
- the different types of body size measurements used for normalization (BSA, weight, height)
- the various ways to express normalized data.

Numerical limitations

- The number of healthy subjects was limited
- Poor differentiation among age subgroups
- **Neonates** poorly investigated
- Data for many cardiac structures were not numerous, especially for the aortic arch and pulmonary branches.

Echo measurements

- For a long period of time it was not clear which moment of the cardiac cycle to employ for measurements
- ASE guidelines only recently available
- 2D valvular and vessels diameters should be measured at the moment of maximum expansion (Ped Guidelines not Adult)

Confounders

- Potential confounders have scarcely evaluated
 - Gender and race differences
 - Interobserver and intra-observer variability
 - Neonates: factor related to delivery

A huge heterogeneity in estimation of the CHD

Case:

➤ **A male child with a BSA of 0.3 m²**

➤ **MV annulus of 11 mm**

significantly different results can be obtained according to the nomogram used,

from lower limits of normality (**-1.63**) up to a clear hypoplasia of **-4.84**.

Nomograms for LV diameters: Example BSA 0.3 m²

	<i>Nr</i>	<i>BSA</i>	<i>R.E.</i>	<i>Age</i>	<i>LVED (mm)</i>	<i>LVES (mm)</i>
Gutgesell HP et al. (11)	145 (80 M, 65 F)			1 day-19 yrs 30 neonates	$y=37.75+12.88*\ln(\text{BSA})$ 22.24 (18.91-25.58)	
Henry W.L. et al. (14)	105 (52 M, 53 F)			1 day-23 yrs 13 neonates	$y=-6.6+45.2*(\text{BSA})^{1/3}$	$y=-3.8+28.3*(\text{BSA})^{1/3}$
Akiba T. et al. (28)	110 (67 M, 43 F)			2-15 yrs	$y=41.4*\text{BSA}^{0.49}$	$y=28.1*\text{BSA}^{0.49}$
Ichida F. Et al. (31)	153 (97 M, 76 F)			1 day-15 yrs		$y=3.861+1.365*\ln(\text{BSA})$ 22.2 (18.2-26.2)
Huwez F.U. et al. (45)	127 (77 M, 50 F)			7 month-19.5 yrs	$y=1.3988+1.0295*\text{BSA}$	$y=2.2326+1.59*\text{BSA}$
Kampmann C. et al. (57)	2036			0-18 yrs 450 neonates	$y=38.537*\text{BSA}^{0.4509}$ 22.9 (18.0-25.8)	$y=24.231*\text{BSA}^{0.4469}$ 14.8 (10.8-18.8)
Sluysman T. et al. (61)	496			0-20 yrs	$y=3.935*\text{BSA}^{0.444}$	
Pettersen M. et al. (68)	782			1 day-18 yrs 82 neonates	$\ln(y)=0.105+2.859*\text{BSA}-2.119*\text{BSA}^2+0.552*\text{BSA}^3$ 22.0 (18.0-26.8)	$\ln(y)=-0.371+2.833*\text{BSA}-2.081*\text{BSA}^2+0.538*\text{BSA}^3$ 13.6 (10.5-17.5)

Nomograms for AV valves: Example BSA

0.3 m²

	Nr	Age	Mitral annulus 4-C (mm)	Mitral annulus PLA (mm)	Tricuspid annulus (mm)
King D.H. et al. (25)	103	1 day-15 yrs	$y=32.3+12.47*\ln(\text{BSA})$ 17.29 (13.71-20.86)	$y=23.9+8.56*\ln(\text{BSA})$ 13.59 (10.91-16.28)	$y=32.4+12.29*\ln(\text{BSA})$ 17.60 (13.92-21.29)
Hanseus K. et al. (35)	120 (58 M, 62 F)	3 days-15.5 yrs	$\ln(y)=0.209+0.302*\ln(\text{BSA})$ 5.6 (3.2-9.9)		$\ln(y)=-0.209+0.302*\ln(\text{BSA})$ 5.6 (3.2-9.9)
Daubeney P.E. et al. (56)	125 (69 M, 56 F)	0-17 yrs	$\ln(y)=0.9651+0.4658*\ln(\text{BSA})$ 15.0 (12.5-18.0)	$\ln(y)=0.9445+0.5022*\ln(\text{BSA})$ 14.0 (11.6-17.0)	$\ln(y)=1.084+0.4945*\ln(\text{BSA})$ 16.3 (13.9-19.2)
Sluysman T. et al. (61)	496	0-20 yrs	$y=0.125+2.002*(\text{BSA})^{1/2}$	$y=0.117+1.844*(\text{BSA})^{1/2}$	$y=0.155+2.075*(\text{BSA})^{1/2}$
Zillberman MV et al. (63) Males	434	0-18 yrs	$\ln(y)=0.765+0.425*\ln(\text{BSA})$ 12.9 (9.2-18.1)		$\ln(y)=0.817+0.391*\ln(\text{BSA})$ 14.1 (10.0-19.9)
Zillberman MV et al. (63) Females	314	0-18 yrs	$\ln(y)=0.733+0.408*\ln(\text{BSA})$ 12.7 (8.9-18.3)		$\ln(y)=0.755+0.364*\ln(\text{BSA})$ 13.7 (9.5-19.9)
Pettersen M. et al. (68)	782	1 day-18 yrs 82 neonates	$\ln(y)=-0.271+2.446*\text{BSA}-1.70*\text{BSA}^2+0.425*\text{BSA}^3$ 13.8 (10.2-18.6)		$\ln(y)=-0.164+2.341*\text{BSA}-1.596*\text{BSA}^2+0.387*\text{BSA}^3$ 15.0 (10.3-21.9)

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Z-Scores of Cardiac Structures | Detroit Data

Calculate the z-scores of 21 common 2D and M-Mode echo measurements, related to body surface area. Measurement sites include the mitral valve, left ventricle, aortic valve, aortic arch, pulmonary valve, and pulmonary arteries. Data is from 782 patients evaluated at the Children's Hospital of Michigan.

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Conclusions

- The lack of valid nomograms based on a robust set of healthy children, using standardized approaches and formulas, substantially affects accuracy in estimating the severity of defects, especially in neonates.
- Despite advances, the process of normalization of pediatric echocardiographic measures is still incomplete.
- Indeed, differences between available nomograms may generate Z scores largely discordant for a given measurement.

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Echocardiographic Nomograms for Ventricular, Valvular and Arterial Dimensions in Caucasian Children with a Special Focus on Neonates, Infants and Toddlers

[Massimiliano Cantinotti, MD](#)  , [Marco Scalese, MS](#), [Bruno Murzi, MD](#), [Nadia Assanta, MD](#), [Isabella Spadoni, MD](#), [Pierluigi Festa, MD](#), [Vittoria De Lucia, MD](#), [Maura Crocetti, MD](#), [Marco Marotta, MD](#), [Sabrina Molinaro, PhD](#), [Leo Lopez, MD](#), [Giorgio Iervasi, MD](#)

Structures evaluated

- ♥ **22 cardiac structures**
- ♥ **LVED and LVES** diameters in M-mode;
- ♥ **MV annulus** in apical 4CH-view and PLA view and the **TV annulus** in the apical 4CH-view;
- ♥ **Pulmonary annulus, MPA, and pulmonary arteries** in the parasternal SA view;
- ♥ **Aorta**: AO annulus, the AO root at the sinuses of Valsalva, the sinotubular junction, and the ascending aorta in the PLA view;
- ♥ **AO Arch** at different levels
- ♥ **Ase Recommendations (2010)**

Key points in the building of a z score..

- To measure in a reproducible, standardized method
- To use a rigorous statistical methods
- The choice of the parameter to be used for normalization
- Sample size
- Attention to confounders

How to measure?

GUIDELINES AND STANDARDS

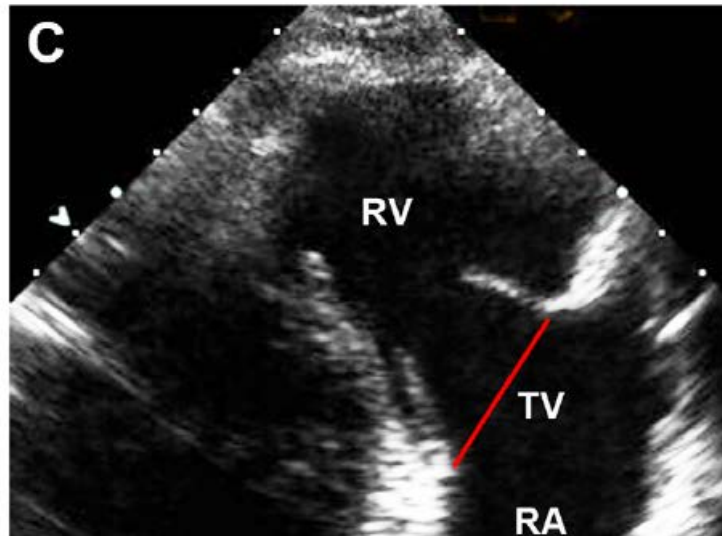
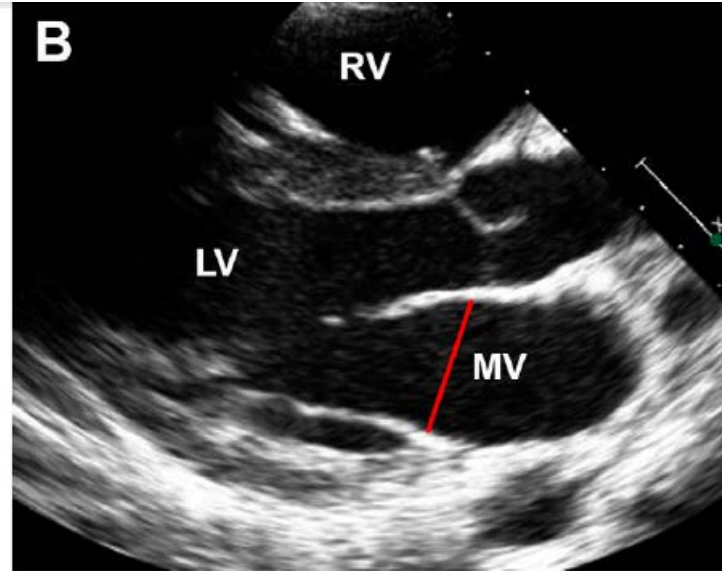
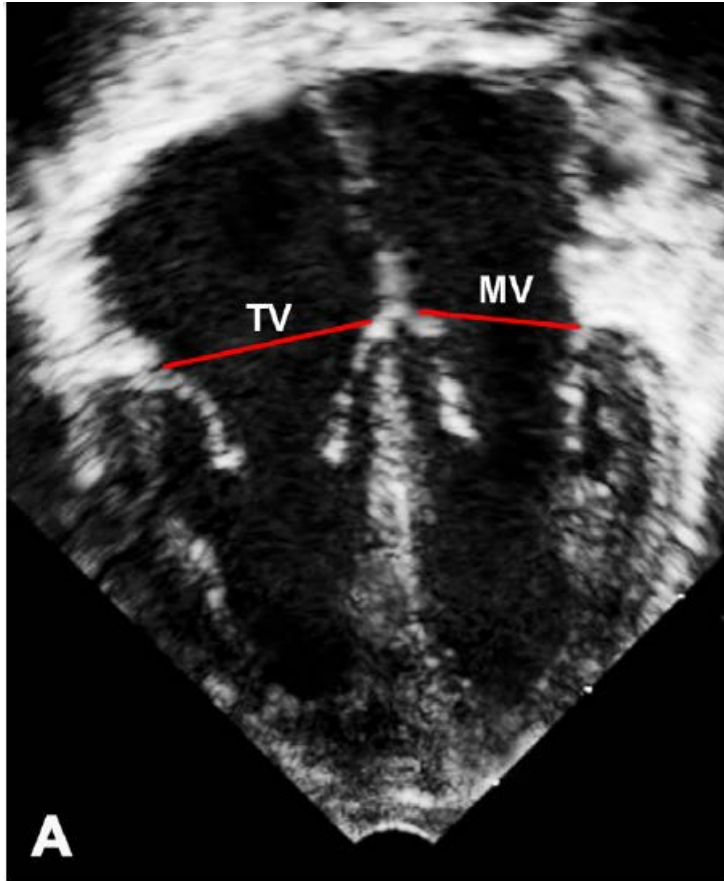
Recommendations for Quantification Methods During the Performance of a Pediatric Echocardiogram: A Report From the Pediatric Measurements Writing Group of the American Society of Echocardiography Pediatric and Congenital Heart Disease Council

Leo Lopez, MD, FASE, Chair, Steven D. Colan, MD, FASE, Peter C. Frommelt, MD, FASE, Gregory J. Ensing, MD, FASE, Kathleen Kendall, RDCS, FASE, Adel K. Younoszai, MD, FASE, Wyman W. Lai, MD, MPH, FASE, and Tal Geva, MD, FASE, *Bronx and New York, New York; Boston, Massachusetts; Milwaukee, Wisconsin; Ann Arbor, Michigan; Houston, Texas; Denver, Colorado*

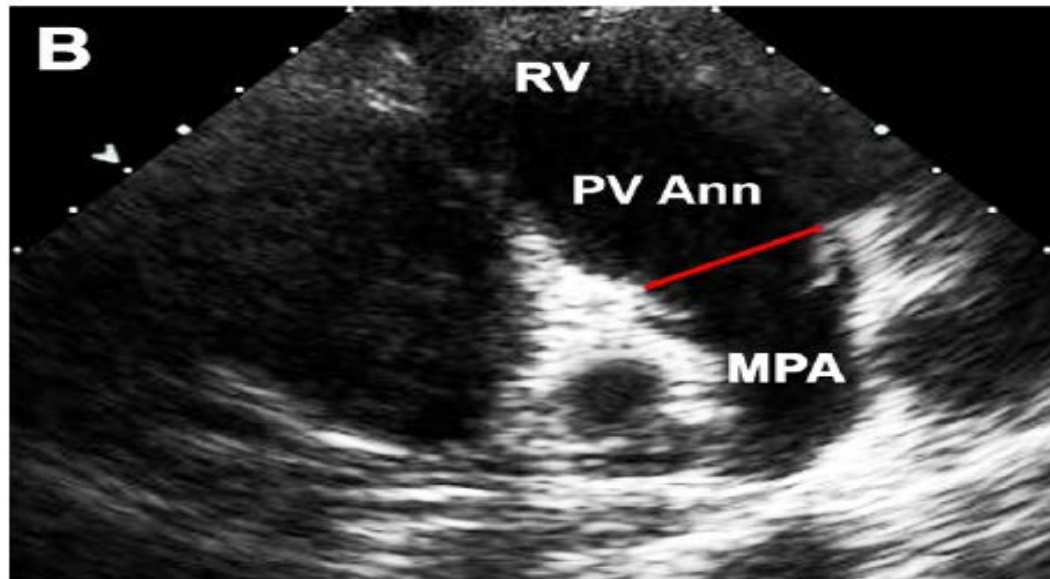
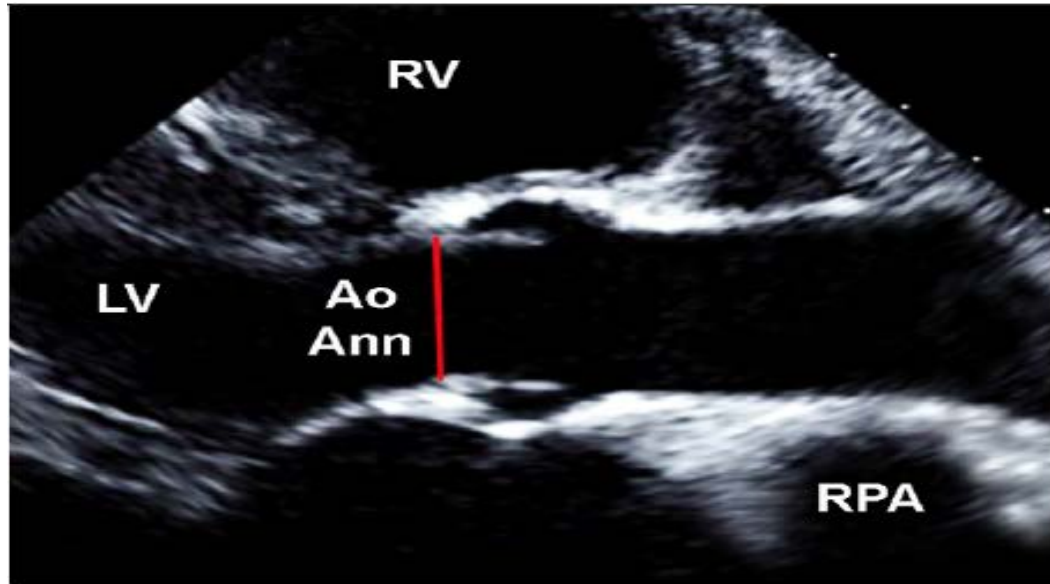
(J Am Soc Echocardiogr 2010;23:465-95.)

Keywords: Pediatric quantification, Measurements, Z scores, Normative database

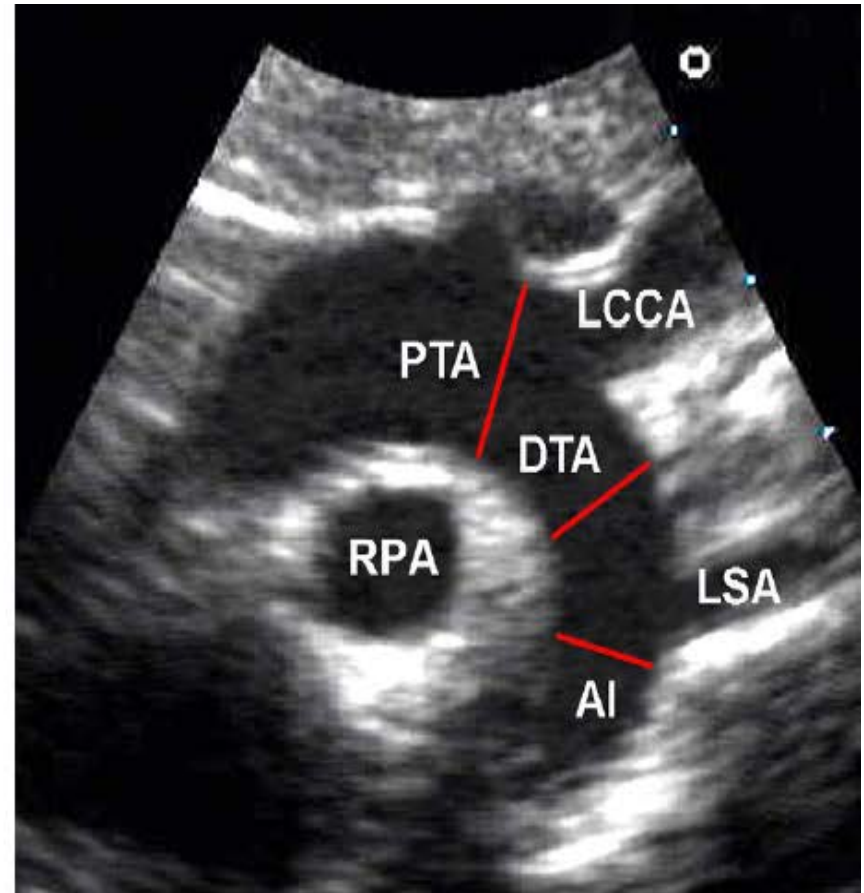
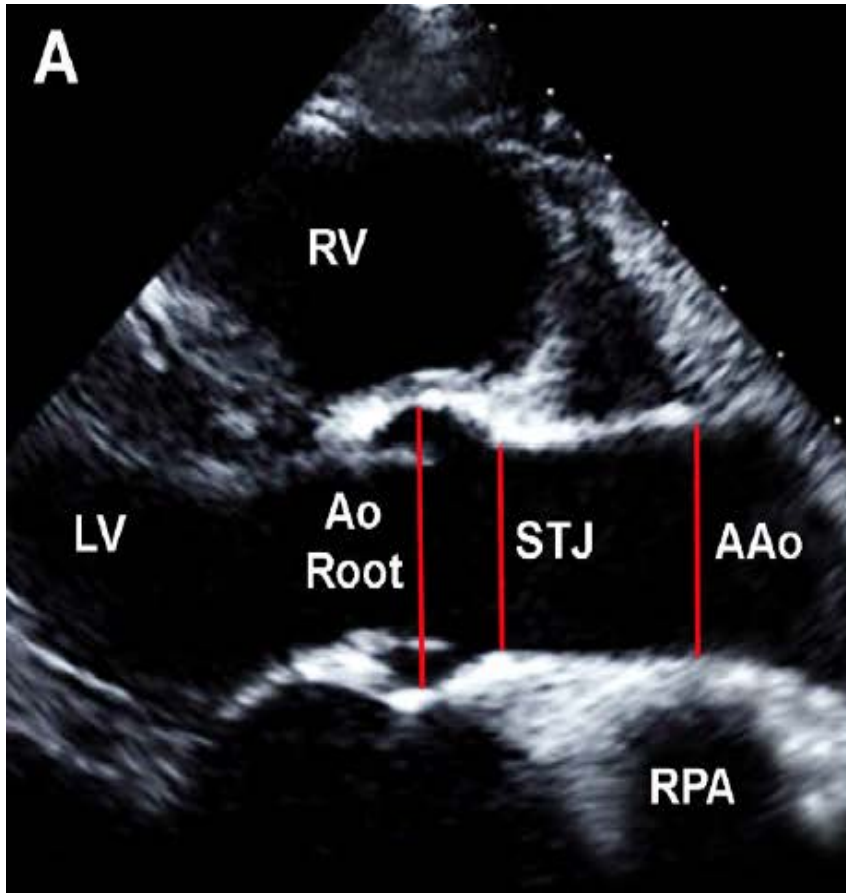
Atrio-ventricular valve measurement



Semilunar valve measurement



Aorta and Aortic arch measurement



Statistical Methods

♥ **Models** using logarithmic, exponential, and square root relationship tested

♥ **Independent variables** used to normalize: age, weight, height and BSA

♥ **Seven BSA formulas** employed (Haycock, DuBois, Mosteller, Dreyer, Meban, Boyd, Gehan)

♥ **Heteroscedasticity** tested by White test and Breusch-Pagan Test

How to express normalized measurements: BSA issues

- BSA, weight, height, age
- **BSA** today accepted
- However, some mathematical limitations in the use of BSA still persist, including a dependence of BSA-adjusted measurements on BSA and ***high variability*** of results according to the formula used, ***particularly for lower height and weight.***

BSA formula

➤ 7 Formulas

- The ***DuBois formula*** most used, but it has been recently challenged by the Haycock formula.
- The DuBois formula in particular tends to increasingly underestimate for BSAs $< 0.7 \text{ m}^2$ compared with the Haycock formula.
- A similar problem of underestimation at low BSA values has also been observed for other formulas.

Population

- 448 Italian healthy subjects
- Age range 0 days -36 months
- 49% Female

BSA	N	%
[0.1-0.15)	5	1,1
[0.15-0.2)	77	17,2
[0.2-0.25)	111	24,8
[0.25-0.3)	63	14,0
[0.3-0.35)	34	7,6
[0.35-0.4)	46	10,3
[0.4-0.45)	38	8,5
[0.45-0.5)	28	6,2
[0.5-0.6)	33	7,4
[0.6-0.7)	13	2,9
Total	448	100,0

Measurements	N Valid
IVC	395
LVED M-mode	411
LVES M-mode	412
IVSd M-mode	405
LVPWd M-mode	406
Mass M-mode	382
Tricuspid annulus	436
Mitral annulus	434
Aortic annulus	431
Sinuses of Valsalva	432
Junction	424
Asc AO	414
Arch IA LCA	427
Arch LCA-LSA	431
Arch After LSA	401
Isthmus	363
Thorac AO	362
Abdominal Ao	396
Pulmonary annulus	347
MPA	428
LPA	432
RPA	434

Results

- ♥ *The Haycock formula provided the best results*
- ♥ DuBois, Mosteller, Deryer and Meban underestimated
- ♥ Boyd and Gehan overestimated
- ♥ *The Haicock formula used* when presenting data as predicted values (mean \pm SD)

Regression equations

BSAHAYCOCK. $(\ln[y] = a + b \cdot \ln[x]); Z \text{ value} = (\ln[\text{Measurement}] - (\text{Intercept} + B \cdot \ln[\text{BSA}])) / \sqrt{\text{MSE}}$

Measurement	Intercept	B	SEE ($\sqrt{\text{MSE}}$)	R ²	SW	KS	BP	W
IVC	2.100	0.609	0.239	0.495	0.554	0.200	0.614	0.577
LVPWd M-mode	1.832	0.464	0.179	0.511	0.000	0.001	0.645	0.684
Tricuspid annulus	3.135	0.428	0.100	0.729	0.498	0.200	0.665	0.918
Aortic annulus	2.805	0.562	0.085	0.866	0.176	0.200	0.837	0.869
Sinuses of Valsalva Junction	3.059	0.491	0.092	0.807	0.438	0.200	0.424	0.815
Asc AO	2.806	0.528	0.097	0.811	0.119	0.200	0.704	0.375
Arch IALCA	2.922	0.466	0.095	0.776	0.451	0.200	0.855	0.608
Arch LCA-LSA	2.719	0.495	0.121	0.703	0.660	0.200	0.776	0.242
Arch After LSA	2.554	0.503	0.122	0.709	0.862	0.200	0.996	0.294
Isthmus	2.518	0.544	0.125	0.722	0.691	0.200	0.353	0.026
Thorac AO	2.450	0.625	0.146	0.706	0.518	0.200	0.194	0.268
Pulmonary annulus	2.552	0.520	0.127	0.695	0.106	0.200	0.923	0.458
RPA	2.916	0.543	0.108	0.779	0.897	0.200	0.934	0.995
RPA	2.516	0.656	0.150	0.738	0.651	0.200	0.109	0.318

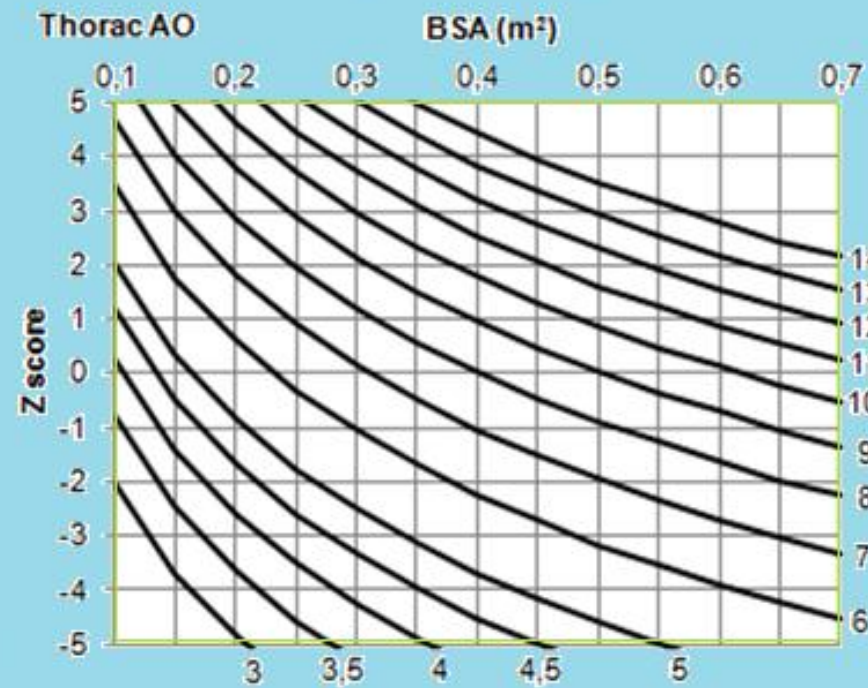
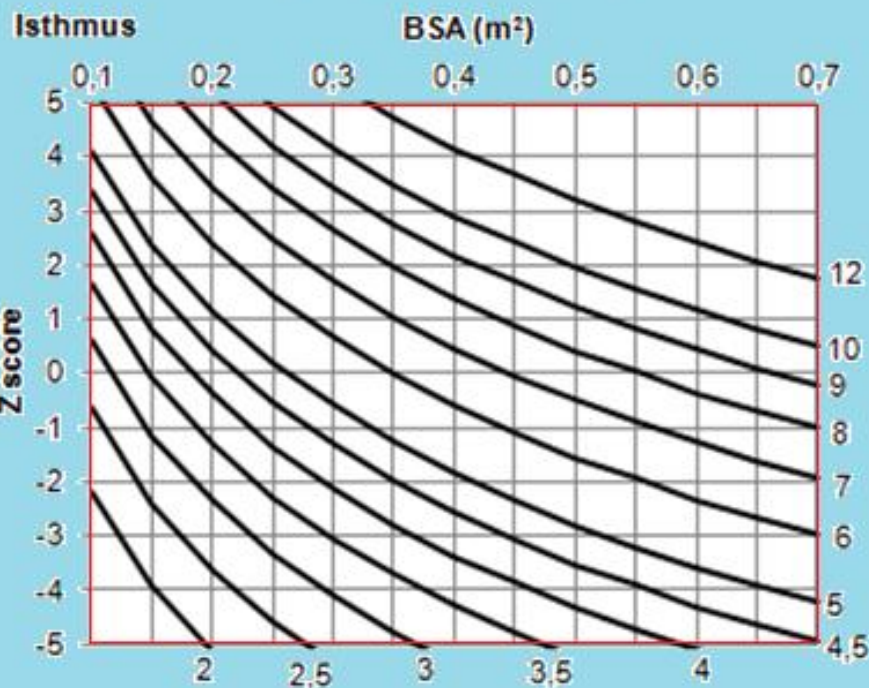
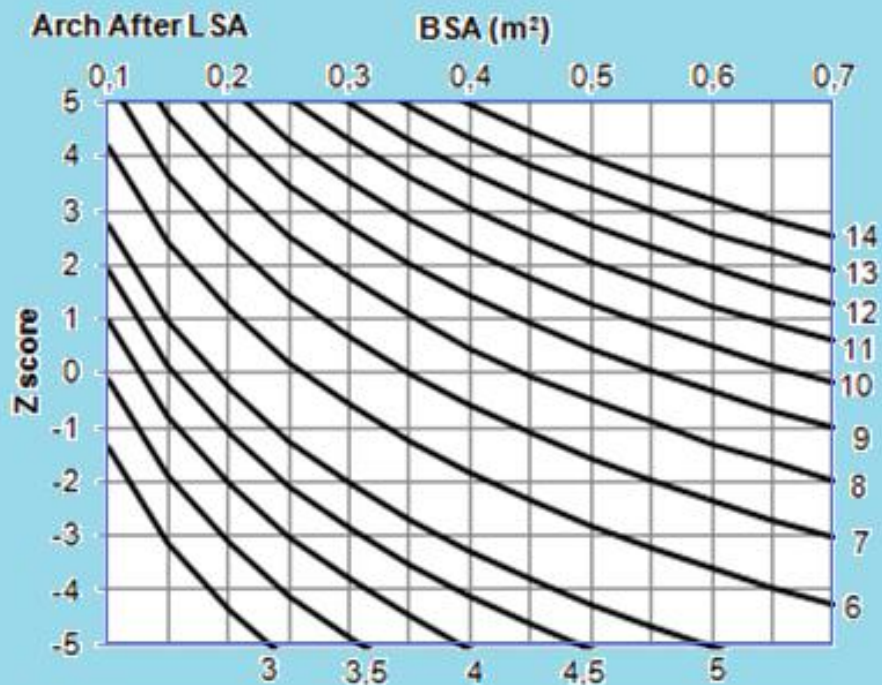
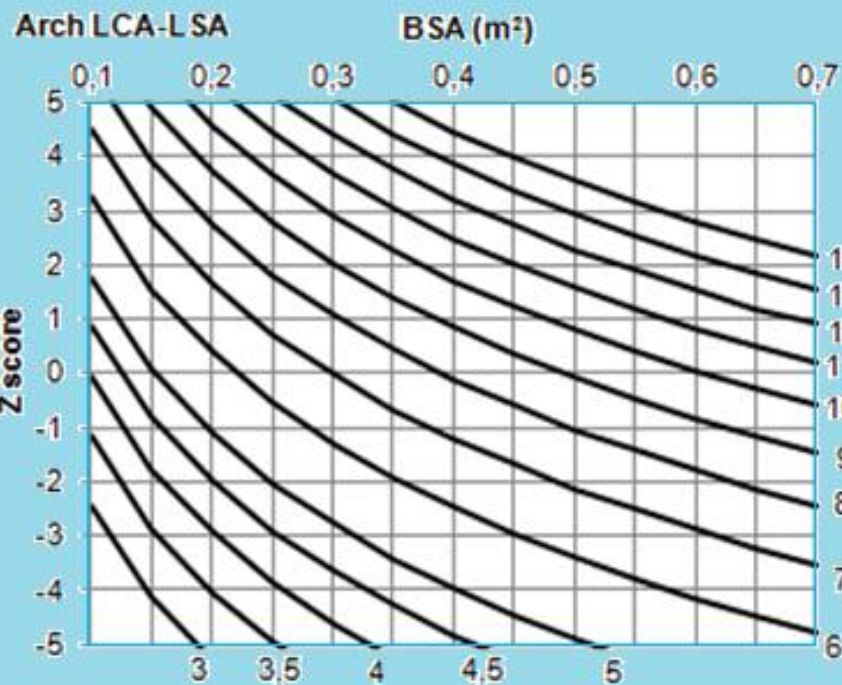
BSAHAYCOCK. $(y = a + b \cdot \sqrt{x}); Z \text{ value} = (\sqrt{\text{Measurement}} - (\text{Intercept} + B \cdot \sqrt{\text{BSA}})) / \sqrt{\text{MSE}}$

Measurement	Intercept	B	SEE ($\sqrt{\text{MSE}}$)	R ²	SW	KS	BP	W
LVED M-mode	2.414	4.040	0.209	0.820	0.270	0.200	0.571	0.704
IVSd M-mode	1.115	1.669	0.188	0.492	0.066	0.200	0.807	0.764
Mass M-mode	-1.316	0.918	0.412	0.863	0.106	0.007	0.186	0.782
Mitral annulus	1.948	3.088	0.164	0.800	0.798	0.200	0.774	0.075
MPA	1.632	2.947	0.186	0.734	0.024	0.200	0.997	0.428
LPA	0.844	2.716	0.190	0.702	0.754	0.200	0.364	0.324

BSAHAYCOCK. $(y = a + b \cdot x); Z \text{ value} = (\text{Measurement} - (\text{Intercept} + B \cdot \text{BSA})) / \sqrt{\text{MSE}}$

Measurement	Intercept	B	SEE ($\sqrt{\text{MSE}}$)	R ²	SW	KS	BP	W
LVES M-mode	7.483	18.321	1.785	0.638	0.091	0.140	0.132	0.099
Abdominal Ao	3.471	7.857	0.755	0.624	0.178	0.200	0.512	0.540

	0.10	0.15	0.20	0.25	0.30	0.35	0.40	0.50
IVC	1.25	1.59	1.90	2.18	2.43	2.67	2.90	3.32
	2.01	2.57	3.06	3.51	3.92	4.31	4.67	5.35
	3.24	4.15	4.94	5.66	6.33	6.95	7.54	8.64
Aortic annulus	3.82	4.80	5.64	6.40	7.09	7.73	8.33	9.44
	4.53	5.69	6.69	7.58	8.40	9.16	9.88	11.19
	5.37	6.75	7.93	8.99	9.96	10.86	11.71	13.27
Sinuses of Valsalva	5.72	6.98	8.04	8.97	9.81	10.59	11.30	12.61
	6.88	8.39	9.67	10.79	11.80	12.72	13.59	15.16
	8.27	10.09	11.62	12.97	14.18	15.30	16.33	18.22
Junction	4.04	5.00	5.83	6.55	7.22	7.83	8.40	9.45
	4.90	6.08	7.07	7.96	8.76	9.50	10.20	11.47
	5.96	7.38	8.59	9.66	10.64	11.54	12.38	13.93
Asc AO	5.25	6.35	7.26	8.05	8.77	9.42	10.02	11.12
	6.35	7.67	8.78	9.74	10.60	11.39	12.12	13.45
	7.68	9.28	10.61	11.78	12.82	13.77	14.66	16.26
Arch IA LCA	3.81	4.65	5.37	5.99	6.56	7.08	7.56	8.45
	4.85	5.93	6.84	7.64	8.36	9.02	9.64	10.76
	6.18	7.55	8.71	9.73	10.64	11.49	12.27	13.71
Arch LCA-LSA	3.16	3.88	4.48	5.02	5.50	5.94	6.35	7.11
	4.04	4.95	5.72	6.40	7.02	7.58	8.11	9.07
	5.15	6.32	7.30	8.17	8.96	9.68	10.35	11.58
Arch After LSA	2.76	3.44	4.02	4.54	5.02	5.46	5.87	6.63
	3.54	4.42	5.17	5.83	6.44	7.01	7.53	8.51
	4.55	5.67	6.64	7.49	8.27	9.00	9.67	10.92
Isthmus	2.05	2.64	3.16	3.64	4.08	4.49	4.88	5.61
	2.75	3.54	4.24	4.87	5.46	6.01	6.54	7.51
	3.68	4.74	5.68	6.52	7.31	8.05	8.75	10.06
Thorac AO	3.01	3.71	4.31	4.84	5.32	5.77	6.18	6.94
	3.88	4.79	5.56	6.24	6.86	7.43	7.97	8.95
	5.00	6.17	7.16	8.05	8.85	9.58	10.27	11.54
Abdominal Ao	2.75	3.14	3.53	3.93	4.32	4.71	5.10	5.89
	4.26	4.65	5.04	5.44	5.83	6.22	6.61	7.40
	5.77	6.16	6.55	6.95	7.34	7.73	8.12	8.91



Comparison with other nomograms BSA 0.3 m²

	Cantinotti	Pettersen	Zilberman	Gautier
Mitral annulus 4 C	13.24 (10.97-15.74)	13.8 (10.2-18.6)	12.9 (9.2-18.1)	
Tricuspid annulus 4 C	13.73 (11.24-16.77)	13,8 (10.2-18.6)	12.7 (8.9-18.3)	
Aortic annulus	8.40 (7.09-9.96)	8.1 (6.6-9.9)		M 9.2 (7.5-11.2) F 9.2 (7.5-11.3)
Sinuses of Valsalva	11.80 (9.81-14.18)	11.3 (9.0-14.0)		M 12.3 (10.1-15.0) F 13.1 (10.9-15.7)
Junction	8.76 (7.22-10.64)	8.9 (6.8-11.6)		M 10.3 (8.4-12.6) F 10.9 (9.2-13.1)
Arch I A LCA	8.36 (6.56-10.64)	9.2 (6.8-12.4)		
Arch LCA-LSA	7.02 (5.5-8.96)	6.4 (4.6-8.9)		
Arch After LSA	6.44 (5.02-8.27)	6.8 (5.0-9.4)		
Pulmonary annulus	9.60 (7.74-11.92)	9.2 (6.8-12.5)		
MPA	10.54 (8.26-13.09)	9.7 (7.1-13.2)		
RPA	5.62 (4.16-7.59)	5.8 (4.2-8.0)		
LPA	5.44 (3.81-7.35)	5.2 (3.8-7.3)		
LVED M-mode	21,41 (17.71-25.45)	22.0 (18.0-28.6)		
LVES M-mode	12.98 (9.41-16.55)	13.6 (10.5-17.5)		

Conclusions


- ♥ We report new, reliable echocardiography Z-scores derived from a large population of Caucasian neonates, infants and toddlers calculated using a rigorous statistical design
- ♥ Our nomograms represent a valid diagnostic tool for echo quantification in this age group
- ♥ Further studies are required to evaluate other parameters as well as the effects of race and ethnicity on reference values.

2D Nomograms

- Pettersen 0-18 yrs and Cantinotti 0-3 yrs acceptable
- Not all 2D measures covered, in particular chamber area and diameters lacking (only M-mode)

To read this article in full, please review your options for gaining access at the bottom of the page.

Echocardiographic Nomograms for Chamber Diameters and Areas in Caucasian Children

[Massimiliano Cantinotti, MD](#)  [Marco Scalese, MS](#), [Bruno Murzi, MD](#), [Nadia Assanta, MD](#), [Isabella Spadoni, MD](#), [Vittoria De Lucia, MD](#), [Maura Crocetti, MD](#), [Alberto Cresti, MD](#), [Milena Gallotta, MD](#), [Marco Marotta, MD](#), [Karin Tyack, PhD](#), [Sabrina Molinaro, PhD](#), [Giorgio Iervasi, MD](#)

Echocardiographic nomograms for chamber diameters and areas in Caucasian children.

- A total of **1,091 Caucasian Italian healthy children** (age range, 0 days to 17 years; 44.8% female) with body surface areas (BSAs) ranging from 0.12 to 1.8 m² were prospectively enrolled.
- Echocardiographic reference values are presented for chamber area and diameters, derived from a large population of healthy children.
- These data partly cover a gap in actual pediatric echocardiographic nomograms.
- Further studies are required to reinforce these data, as well as to evaluate other parameters and ethnicities.

New parameterz.com



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[REFERENCES](#)

[NEWS](#)

Z-Scores and Reference Values for Pediatric Echocardiography.

Sites

View z-scores calculated by multiple references for common collections, like the [aortic root](#) and [coronary arteries](#).

[View the sites →](#)

Refs

Calculate z-scores of cardiac structures using a large collection of references, from [Bhatla](#) to [Zilberman](#).

[View the refs →](#)

Boston

Wait. *What?*
Yep, the famous and celebrated Boston z-scores just dropped on the web.

[Boom. →](#)

Jump right in:

Enter your patient demographics here; the data persists through the site.

Patient Demographics

Height (cm):

...

Weight (kg):

...

BSA ('Haycock'):



Aortic Arch

Calculate and compare z-scores of the aortic arch, including the aortic isthmus. Data from multiple references including recent data particularly suited for infants with arch hypoplasia or coarctation. References included conform to ASE Guideline methodology: measurements are made in systole, from inside edge to inside edge. (See the [methods](#) page for further details.)

[Aortic Arch](#)

[Aortic Root](#)

[Coronary Arteries](#)

[M-Mode](#)

[Pulmonary Arteries](#)

[Valves](#)

Cantinotti et al., JASE 2014 ▾

Patient Demographics

Height (cm):

Weight (kg):

BSA (N/A):

Gender: **Female** ▾

Age: years ▾

Measurements

Site	Z-Score	Range
Proximal Transverse Arch (mm):		
<input type="text"/>		

[SITES](#)[REFERENCES](#)[NEWS](#)

Cantinotti et al., JASE 2014

BSA-adjusted Z scores derived from a large population of Caucasian neonates, infants, and toddlers calculated using "*a rigorous statistical design*": particular attention was paid to matters of skew/distribution and heteroscedasticity.

Patient Demographics

Height (cm):

Weight (kg):

BSA ("Haycock"):

Measurements

Site	Z-Score	Range
------	---------	-------

Interventricular Septum, Diastole (mm):		
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[Bhatla et al.](#)[Campens et al.](#)[Cantinotti et al.](#)[Cantinotti et al.](#)[Colan et al.](#)[Dallaire and Dahdah](#)[Dallaire et al.](#)[Daubeney et al.](#)[Eidem et al.](#)[Foster et al.](#)[Gautier et al.](#)[Gentles et al.](#)[Jain et al.](#)[Kammann et al.](#)

PART 2: Functional Indexes

- Diastolic values
- Deformation indexes
- Others

Nomograms for Blood Flow and Tissue Doppler Velocities to Evaluate Diastolic Function in Children: A Critical Review

Massimiliano Cantinotti, MD, and Leo Lopez, MD, *Massa and Pisa, Italy; Bronx, New York*

Interest in diastolic function in children has increased recently. However, the strengths and limitations of published pediatric nomograms for echocardiographic diastolic parameters have not been critically evaluated, especially in the neonatal population. A literature search was performed within the National Library of Medicine using the keywords *normal/reference values*, *power Doppler/tissue Doppler velocities*, and *children/neonates*. The search was further refined by adding the keywords *diastolic function*, *myocardial*, *mitral/tricuspid inflow*, *pulmonary vein*, and *Tei index*. Thirty-three published studies evaluating diastolic function in normal children were included in this review. In many studies, sample sizes were limited, particularly in terms of neonates. There was heterogeneity in the methodologies to perform and normalize measurements and to express normalized data (Z scores, percentiles, and mean values). Although most studies adjusted measurements for age, classification by specific age subgroups varied, and few addressed the relationships of measurements to body size and heart rate (especially with higher neonatal heart rates). Although reference values were reproducible in older children, they varied significantly in neonates and infants. Pediatric diastolic nomograms are limited by small sample sizes and inconsistent methodologies for the performance and normalization of measurements, with few data on neonates. Some studies do reveal reproducible patterns in diastolic function in older children. A comprehensive pediatric nomogram of diastolic function involving a large population of normal infants and older children and using standardized methodology is warranted and would have tremendous impact in the care of children with acquired and congenital heart disease. (J Am Soc Echocardiogr 2013;26:126-41.)

Keywords: Echocardiography, Children, Neonates, Diastolic function

Materials and Methods

➤ Mitral and Tricuspid Inflow: E wave, the E/A ratio, DT,

IVRT

➤ Mitral Velocities e' and a';

➤ Tei index for LV and RV

➤ 33 studies evaluating diastolic function in children were

included in this review.

Methodological Limitations

- There was significant heterogeneity in the methodologies to perform and normalize measurements and to express normalized data (**Z-scores**, *percentiles, and mean values*).
- Although *most studies adjusted measurements for age*, the classification systems dividing age into specific subgroups varied, and few addressed the relationships of measurements to body size and to **heart rate** (especially with the higher heart rates in neonates).

RESULTS

- As a results various nomograms showed quite different results
- For children >2-3 years references intervals were quite reproducible and not dissimilar from the ones published for young adults
- In neonates instead data were limited, often discordant and strongly influenced by various factors including age, prematurity and HR

Normal neonatal reference values for MV inflow velocities and other diastolic parameters

Study	Subjects *	N	M/F	Body Size	HR (bpm)*	E (cm/s)*	A (cm/s)*	DT (ms)*	E/A*	IVRT (ms)*
Schmitz, 2004	Total	164								
	Preterm (0.5 – 1 kg): 13 ± 10 da	34		0.93 ± 0.3 kg	151 ± 15	32.7 ± 12.3	36.9 ± 10			53 ± 5
	Preterm (1 – 1.5 kg): 12 ± 9 da	29		1.34 ± 0.4 kg	156 ± 13	38.5 ± 11.4	43.6 ± 11.9			54 ± 5
	Term: 15 ± 14 da	74		3.66 ± 0.6 kg	134 ± 16	56.2 ± 16.4	50.8 ± 13.9			54 ± 8
	Preterm (0.5 – 1 kg): 132 ± 33 da	22		3.28 ± 0.8 kg	150 ± 24	82 ± 14.5	66.5 ± 24.5			41 ± 4
	Preterm (1 – 1.5 kg): 138 ± 70 da	25		3.86 ± 1.4 kg	143 ± 11	79 ± 10.9	75.1 ± 10.7			41 ± 5
	Term: 135 ± 36 da	28		6.46 ± 1.2 kg	140 ± 13	86.2 ± 10.5	70.6 ± 13.1			41 ± 4
Schmitz, 2004	Total	127								
	Week 1 (3 ± 2 da)	53	33/20	3.4 ± 0.4 kg 51 ± 2 cm		46.1 (34.4, 63.8)	42.1 (27.4, 56.7)	88 ± 23		59 ± 7
	Week 2 (10 ± 2 da)	45	25/20	3.6 ± 0.5 kg 51 ± 2 cm		49.3 (34.6, 67.2)	45.9 (32.5, 73)	74 ± 24		55 ± 5
	Week 3 – 4 (21 ± 4 da)	29	19/10	3.7 ± 0.4 kg 52 ± 2 cm		63.1 (39, 85.4)	57.3 (37.8, 78.6)	66 ± 21		54 ± 7
Ekici, 2007	1 – 5 da	50				57.6 ± 10.2 (30 – 83)	52.4 ± 10.7 (33 – 85)			
Johnson, 1988	Preterm 32 wk: 28 – 35 da	18				55 ± 10	55 ± 13		1.01 ± 0.11	
	Term: 2 – 5 da	10				53 ± 19	47 ± 11		1.13 ± 0.30	
Kozak, 2001	Preterm: 1 – 4 da	15		2.52 ± 0.27 kg 46.2 ± 1.8 cm		40.1 ± 5.6	43.2 ± 6.0	83 ± 12	0.93 ± 0.03	
	Preterm: 1 mo					61.5 ± 5.2	56.9 ± 4.8	73 ± 10	1.08 ± 0.04	
	Term: 1 – 5 da	19		3.32 ± 0.44 kg 49.7 ± 2.3 cm		46.9 ± 5.2	44.3 ± 5.7	87 ± 10	1.06 ± 0.05	
	Term: 1 mo					62.8 ± 6.1	56.9 ± 5.4	80 ± 12	1.11 ± 0.05	
Ciccone, 2011	Preterm: 3.8 ± 2.1 da	20		2.15 ± 0.50 kg 44.5 ± 2.3 cm		45.3 ± 8.4	45.6 ± 7.8		1 ± 0.1	
	Term: 2.9 ± 0.01 da	53		3.19 ± 0.44 kg		53.4 ± 7.8	46.7 ± 7.9		1.16 ± 0.1	

Published normal paediatric reference values and regression equations for tissue Doppler diastolic parameters at the septal mitral annulus

Study	Subjects ⁺	N	M/F	Body Size ⁺	HR (b.p.m.) ⁺	e' (cm/s) ⁺	a' (cm/s) ⁺	E/e' ^{**}
<u>Eidem, 2004</u> (18)	Total	325	177/148			$y = 9.629 + 0.380 * \text{Age}$ $y = 20.190 + 0.083 * \text{HR}$	$y = 5.049 + 0.020 * \text{Age}$ $y = 5.108 + 0.011 * \text{HR}$	
	<1 yr (0.40 ± 0.30 yr)	63	29/34	6.6 ± 2.7 kg 0.34 ± 0.08 m ²	124 ± 16	8.1 ± 2.5 (7.5 - 8.7)	6.1 ± 1.5 (5.7 - 6.4)	10.3 ± 2.7 (9.7 - 11.0)
	1 - 5 yr (3.05 ± 1.51 yr)	68	39/29	15.1 ± 5.4 kg 0.62 ± 0.14 m ²	105 ± 17	11.8 ± 2.0 (11.3 - 12.3)	6.0 ± 1.3 (5.7 - 6.4)	8.1 ± 1.8 (7.7 - 8.5)
	6 - 9 yr (7.91 ± 1.12 yr)	55	27/28	33.8 ± 14.9 kg 1.07 ± 0.27 m ²	80 ± 11	13.4 ± 1.9 (12.8 - 13.9)	5.9 ± 1.3 (5.5 - 6.3)	7.2 ± 1.6 (6.8 - 7.7)
	10 - 13 yr (11.9 ± 1.11 yr)	58	38/20	47.2 ± 16.3 kg 1.37 ± 0.29 m ²	75 ± 12	14.5 ± 2.6 (13.8 - 15.2)	6.1 ± 2.3 (5.6 - 6.7)	6.6 ± 1.4 (6.3 - 7.0)
	14 - 18 yr (16.0 ± 1.40 yr)	81	44/37	66.1 ± 15.5 kg 1.73 ± 0.25 m ²	69 ± 16	14.9 ± 2.4 (14.3 - 15.4)	6.2 ± 1.5 (5.9 - 6.6)	6.4 ± 1.5 (6.1 - 6.8)
<u>Ekici, 2007</u> (23)	5 - 16 yr	54				17.9 ± 2.8	9.6 ± 2.5	4.2 ± 1.1
<u>Kapusta, 2000</u> (25)	4 - 17.9 yr	160	77/83	17.5 - 83.5 kg		14.3 (11.2 - 18.5)	5.8 (4.4 - 7.9)	
<u>Mori, 2000</u> (30)	2 mo - 19 yr (7.5 ± 5.5 yr)	131	69/62			13.5 ± 2.4 (5.9 - 18.0)	6.5 ± 1.4 (4.0 - 10.6)	

CONCLUSIONS

- Diastolic nomograms for children are limited by small sample sizes and inconsistent methodologies for performance and normalization of measurements, and there are few data on neonates.
- However, some studies do reveal some reproducible patterns in diastolic function in older children.

J Cardiol. 2015 Nov 9. pii: S0914-5087(15)00321-4. doi: 10.1016/j.jjcc.2015.10.004. [Epub ahead of print]

Nomograms for mitral inflow Doppler and tissue Doppler velocities in Caucasian children.

Cantinotti M¹, Giordano R², Scalese M³, Murzi B¹, Assanta N¹, Spadoni I¹, Crocetti M¹, Marotta M¹, Molinaro S³, Kuttv S⁴, Iervasi G⁵.

⊕ Author information

Abstract

BACKGROUND: Pediatric echocardiographic nomograms for systolic/diastolic functional indices are limited by small sample size and inconsistent methodologies. Our aim was to establish pediatric nomograms for mitral valve (MV) pulsed wave Doppler (PWD) and tissue Doppler imaging (TDI) velocities.

METHODS: We performed PWD/TDI measurements of MV velocities and generated models testing for linear/logarithmic/exponential/square root relationships. Heteroscedasticity was accounted for by White test or Breusch-Pagan test. Age, weight, height, heart rate (HR), and body surface area (BSA) were used as independent variables in different analyses to predict the mean values of each measurement.

RESULTS: In all, 904 Caucasian Italian healthy children (age 0 days-17 years; 45.5% females; BSA 0.12-2.12m²) were prospectively studied. No individual variable provided equations with an acceptable coefficient of determination (R²) and even the inclusion of multiple variables in the model resulted in only a partial amelioration of the R². Higher R² were obtained for PWD-E deceleration time (0.53), septal (Se') and lateral (Le') MV-TDI e' velocity (Se': 0.54; Le': 0.55). Variability was higher at lower age and BSA. In older children patterns were more reproducible; however, the exclusion of neonates did not substantially improve the final models. The low R² hampered building of z-scores and calculation of estimated percentiles. Thus normative data have been presented as observed percentile according to age for all measurements.

CONCLUSIONS: We report normal ranges for PWD and TDI mitral velocities derived from a large population of Caucasian children. Variability of diastolic patterns especially at lower ages needs to be taken into account.

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Results

- In all, **904 Caucasian Italian healthy children** (age 0 days-17 years; 45.5% females; BSA 0.12-2.12 m²) were prospectively studied.
-
- No individual variable provided equations with an acceptable coefficient of determination (R²) and even the inclusion of multiple variables in the model resulted in only a partial amelioration of the R².
- Higher R² were obtained for PWD-E deceleration time (0.53), septal (Se') and lateral (Le') MV-TDI e' velocity (Se':0.54; Le':0.55).
- Variability was higher at lower age and BSA. In older children patterns were more reproducible, however the exclusion of neonates did not substantially improve the final models.
- The low R² hampered building of z-scores and calculation of estimated percentiles.
- Thus normative data have been presented as observed percentile according to age and BSA for all measurements.
-

Table . Coefficients for regression equations relating echocardiographic measurements and body surface area, heart rate and age. The Standard Error of the Estimate, the determination coefficient. Normality test: Shapiro-Wilk. Heteroscedasticity test (White test and Breusch-Pagan test).

$$\ln(y) = \text{intercept} + B_1 * \ln(\text{BSA}) + B_2 * \ln(\text{HR}) + B_3 * \text{AGE}$$

Measurement	Intercept	B _(BSA)	B _(HR)	B _(AGE)	ADJ R ²	SEE	BP	W	SW
Mitral A	0.604	0.131	0.791	NS	0.376	0.193	0.273	<0.001	<0.001
Dec ms	6.264	0.226	-0.319	NS	0.510	0.223	<0.001	<0.001	<0.001
SM	1.691	0.208	0.129	NS	0.337	0.145	0.952	<0.001	0.362
AM	-0.718	0.093	0.609	NS	0.236	0.212	0.323	0.182	0.341
S'l	1.732	0.237	0.137	NS	0.334	0.165	0.063	<0.001	<0.001
A'l	-0.336	0.065	0.519	NS	0.184	0.220	0.551	0.291	0.039
E/e'	1.258	-0.140	0.157	NS	0.236	0.222	<0.001	0.099	<0.001

$$\text{rad}(y) = \text{intercept} + B_1 * \ln(\text{BSA}) + B_2 * \text{rad}(\text{HR}) + B_3 * \text{AGE}$$

Measurement	Intercept	B _(BSA)	B _(HR)	B _(AGE)	SEE	ADJ R ²	BP	W	SW
Mitral E	10.483	1.658	0.084	-0.010	0.314	0.819	<0.001	<0.001	<0.001
E'M	4.596	0.712	-0.048	-0.003	0.526	0.349	0.008	<0.001	0.063
E1	4.726	0.717	-0.045	NS	0.552	0.355	0.104	<0.001	0.088

$$\ln(y) = \text{intercept} + B_1 * \ln(\text{BSA}) + B_2 * \ln(\text{HR}) + B_3 * \text{AGE}$$

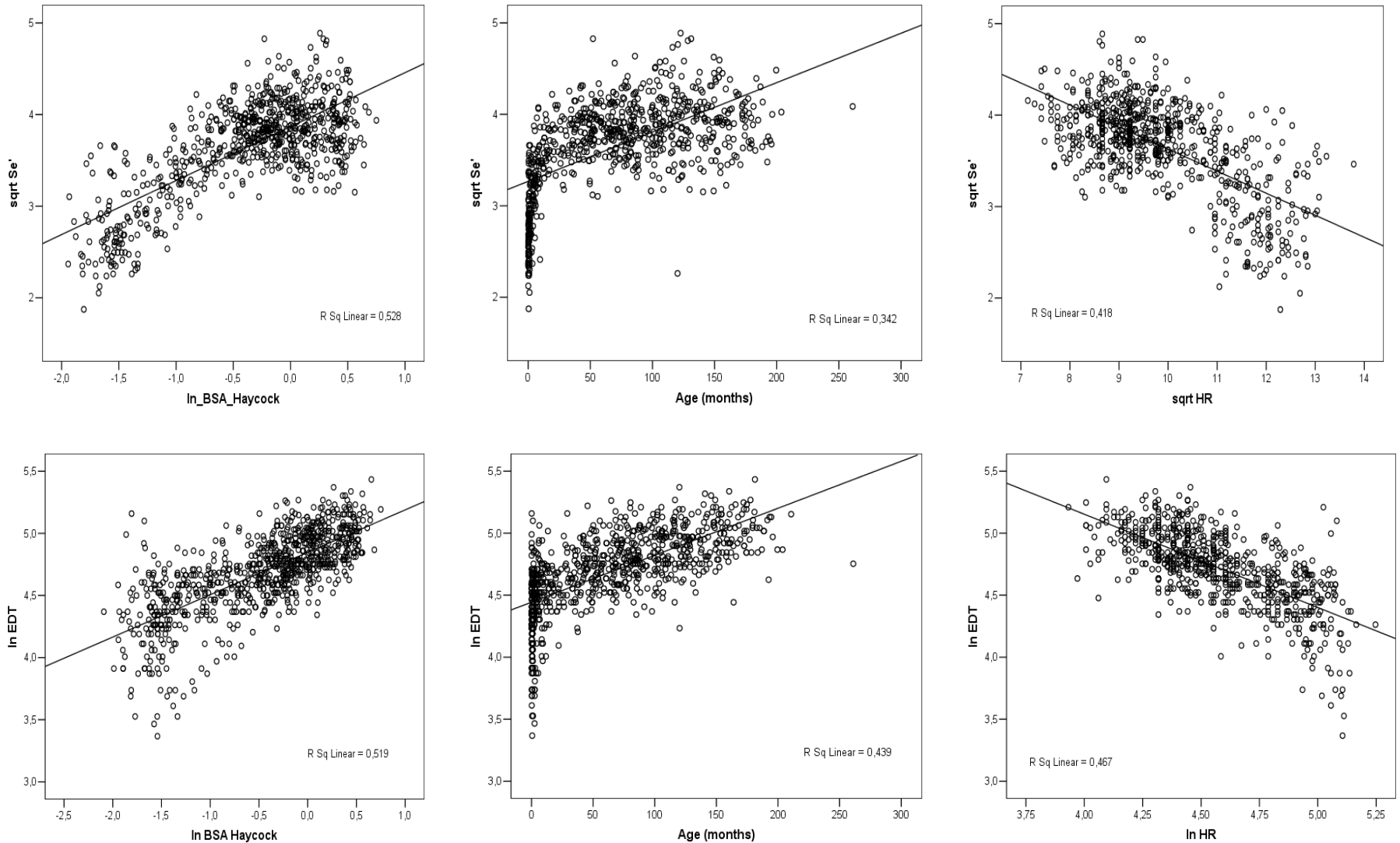
Measurement	Intercept	B _(BSA)	B _(HR)	B _(AGE)	ADJ R ²	SEE	BP	W	SW
A	0.604	0.131	0.791	NS	0.376	0.193	0.273	<0.001	<0.001
EDT	6.146	0.224	-0.292	NS	0.530	0.206	<0.001	<0.001	<0.001
Ss'	1.691	0.208	0.129	NS	0.337	0.145	0.952	<0.001	0.362
Sa'	-0.718	0.093	0.609	NS	0.236	0.212	0.323	0.182	0.341
Ls'	1.732	0.237	0.137	NS	0.334	0.165	0.063	<0.001	<0.001
La'	-0.336	0.065	0.519	NS	0.184	0.220	0.551	0.291	0.039
E/e'	1.258	-0.140	0.157	NS	0.236	0.222	<0.001	0.099	<0.001

$$\text{rad}(y) = \text{intercept} + B_1 * \ln(\text{BSA}) + B_2 * \text{rad}(\text{HR}) + B_3 * \text{AGE}$$

Measurement	Intercept	B _(BSA)	B _(HR)	B _(AGE)	ADJ R ²	SEE	BP	W	SW
E	10.483	1.658	0.084	-0.010	0.314	0.819	<0.001	<0.001	<0.001
Se'	4.641	0.714	-0.052	-0.003	0.537	0.344	0.049	<0.001	0.059
Le'	4.726	0.717	-0.045	NS	0.552	0.355	0.104	<0.001	0.088

Coefficients for regression equations relating echo measurements and BSA, the SSE, the determination coefficient and normality test: Shapiro-Wilk and Lilliefors

Heteroscedasticity test (White test and BreuschPagan test).



Conclusions

- ♥We report normal ranges for PWD and TDI mitral velocities derived from a large population of Caucasian children.
- ♥There was no ideal body size variable for normalization and the inclusion of multiple variables (BSA, HR and age) resulted only in a partial amelioration of the final models.
- ♥The high variability in the regression analyses hampered the possibility of z score calculations, so data are presented as percentiles mean values (plus/minus standard deviation).
- ♥The highest variability was seen in the lowest age groups, while satisfactory reproducibility was observed in older children, so we recommend caution in the use of diastolic functional indices in the lower age groups.
- ♥Further studies are required to reinforce these data, as well to evaluate other parameters of pediatric systolic and diastolic function.

Other functional index

- **RVOT excursion** Koestenberger M et al. Reference values of the right ventricular outflow tract systolic excursion in 711 healthy children and calculation of z-score values. Eur Heart J Cardiovasc Imaging. 2014 Sep;15(9):980-6
- **TAPSE** Koestenberger M, Systolic right ventricular function in children and young adults with pulmonary artery hypertension secondary to congenital heart disease and tetralogy of Fallot: tricuspid annular plane systolic excursion (TAPSE) and magnetic resonance imaging data. Congenit Heart Dis. 2012 May-Jun;7(3):250-8.
- **TV s' TDI** Weismann CG, Normal pediatric data for isovolumic acceleration at the lateral tricuspid valve annulus-a heart rate - dependent measure of right ventricular contractility. Echocardiography. 2015 Mar;32(3):541-7.
- **ETC.....**

Deformation indexes

[Heart Fail Rev.](#) 2015 Sep;20(5):601-12. doi: 10.1007/s10741-015-9492-9.

Review and status report of pediatric left ventricular systolic strain and strain rate nomograms.

[Cantinotti M](#)¹, [Kutty S](#), [Giordano R](#), [Assanta N](#), [Murzi B](#), [Crocetti M](#), [Marotta M](#), [Iervasi G](#).

⊕ Author information

Abstract

Interest in strain (ϵ) and strain rate (SR) for the assessment of pediatric left ventricular (LV) myocardial function has increased. However, the strengths and limitations of published pediatric nomograms have not been critically evaluated. A literature search was conducted accessing the National Library of Medicine using the keywords myocardial velocity, strain, strain rate, pediatric, reference values, and nomograms. Adding the following keywords, the results were further refined: neonates, infants, adolescents, range/intervals, and speckle tracking. Ten published studies evaluating myocardial velocities, ϵ , or SR nomograms were analyzed. Sample sizes were limited in most of these studies, particularly in terms of neonates. Heterogeneous methods-tissue Doppler imaging, two- and three-dimensional speckle tracking-were used to perform and normalize measurements. Although most studies adjusted measurements for age, classification by specific age subgroups varied. Few studies addressed the relationships of ϵ and SR measurements to body size and heart rate. Data have been generally expressed by mean values and standard deviations; Z scores and percentiles that are commonly employed for pediatric echocardiographic quantification have been never used. Reference values for ϵ and SR were found to be reproducible in older children; however, they varied significantly in neonates and infants. Pediatric nomograms for LV ϵ and SR are limited by (a) small sample sizes, (b) inconsistent methodology used for derivation and normalization, and (c) scarcity of neonatal data. Some of the studies demonstrate reproducible patterns for systolic deformation in older children. There is need for comprehensive nomograms of myocardial ϵ and SR involving a large population of normal children obtained using standardized methodology.

LV strain normal values children

Author	Population	Global longitudinal strain	Global circumferential strain		Global radial strain		Global S
3d							
Zhang L 2013_China (4)	< 1 n 23 (M 13) 0.56 ± 0.23 yrs	-17.31 ± 2.27	-16.87 ± 2.73		61.58 ± 18.82		-29.77 ± 4.45
	1-5 n 83 (M 45) 2.7 ± 1.19 yrs	-17.34 ± 2.56	-17.06 ± 3.25		60.28 ± 13.37		30.13 ± 3.47
	5-9 n 61 (M 33) 6.88 ± 1.16 yrs	-17.56 ± 2.221	-17 ± 3.43		59.49 ± 13.29		-30.24 ± 3.61
	9-13 n 36 (M 17) 10.86 ± 1.23 yrs	-18.75 ± 1.72	-18.83 ± 3.32		64.65 ± 8.42		-31.52 ± 2.65
	13-18 n 25 (M 11) 14.83 ± 1.88 yrs	-16.64 ± 2.8	-16.26 ± 4.11		56.62 ± 14.89		-28.96 ± 4.53
Speckle tracking		Septal					
Macus K 2011 USA (7)	0 yrs n 24 (13 M) 0.3 ± 0.3 yrs	-18.3 ± 1.9 P5 -14.5 P95 -22.1	<i>PM</i> -18.6 ± 3.3 P5 -12 P95 -25.2	<i>MV</i> -17.5 ± 2.5 P5 -12.5 P95 -22.5	<i>PM</i> 52.0 ± 9.9 P5 32.2 P95 71.8	<i>MV</i> 49.9 ± 4.3 P5 41.3 P95 58.5	
	1-4 yrs n 34 (19 M) 2.9 ± 1.0 yrs	-20.7 ± 1.3 P5 -18.1 P95 -23.3	<i>PM</i> -21.3 ± 2.0 P5 -17.3 P95 -25.3	<i>MV</i> -19.7 ± 2.0 P5 -15.7 P95 -23.7	<i>PM</i> 53.5 ± 6.7 P5 40.1 P95 66.9	<i>MV</i> 50.0 ± 5.7 P5 38.6 P95 61.4	
	5-9 Yrs n 36 (25 M) 7.2 ± 1.2 yrs	-21 ± 1.3 P5 -18.4 P95 -23.6	<i>PM</i> -23.4 ± 1.7 P5 -20 P95 -26.8	<i>MV</i> -20.9 ± 2.0 P5 -16.9 P95 -24.9	<i>PM</i> 54.9 ± 5.5 P5 43.9 P95 65.9	<i>MV</i> 52.3 ± 4.5 P5 43.3 P95 61.3	
	10-14 y n 29 (16 M)	-21.8 ± 1.3 P5 -19.2	<i>PM</i>	<i>MV</i>	<i>PM</i>	<i>MV</i>	

Part 3: Other field of application and future prospective

- Other imaging techniques: MRI, CT, angio
- Easy approach to z scores: app, web site implementation

MRI z scores

[J Cardiovasc Magn Reson](#). 2015 Apr 18;17:29. doi: 10.1186/s12968-015-0111-7.

Normal values for cardiovascular magnetic resonance in adults and children.

[Kawel-Boehm N](#)¹, [Maceira A](#)², [Valsanquiacomo-Buechel ER](#)³, [Vogel-Claussen J](#)⁴, [Turkbey EB](#)⁵, [Williams R](#)⁶, [Plein S](#)⁷, [Tee M](#)⁸, [Enq J](#)⁹, [Bluem](#)

⊕ Author information

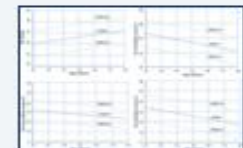
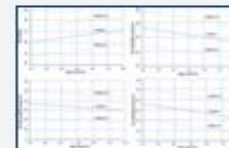
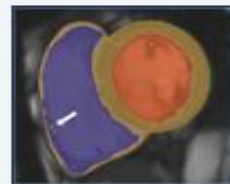
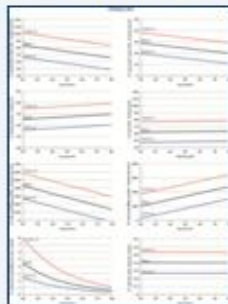
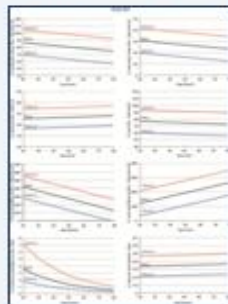
Abstract

Morphological and functional parameters such as chamber size and function, aortic diameters and distensibility, flow and T1 and T2* can be assessed and quantified by cardiovascular magnetic resonance (CMR). Knowledge of normal values for quantitative CMR is crucial for interpretation of results and to distinguish normal from disease. In this review, we present normal reference values for morphological and functional CMR parameters of the cardiovascular system based on the peer-reviewed literature and current CMR techniques and sequences.

PMID: 25928314 [PubMed - in process] PMCID: PMC4403942 [Free PMC Article](#)



Images from this publication. [See all images \(20\)](#) [Free text](#)



Baby Norm Calculator Pediatric Normal Values and Drug Doses

COMING SOON!!!!!!

Applications

Cardiac

- Echocardiography
- Fetal Echocardiography
- MRI
- ECG
- Stress Test


Basic

- Vital Parameters, Anthropomorphic Data, Blood pressure, Drug Doses, laboratory tests

Home page: Patient detail

Baby Norm Ca... 67% 12:58

Patient Generalities



ID

Type Child Fetal

Height cm

Weight Kg






Age years

Gender M F

Baby Norm Calculator 67% 12:58

Patient List

Filter

	CS000001 4 years 15 Kg 90 cm
	CS000002 0 day 0 Kg 0 cm
	CS000003 5 years 20 Kg 110 cm
	CS000004 30 gest week
	CS000005 1 years 9 Kg 70 cm

Home page



Blood pressure/Laboratory tests

Baby Norm Ca... 67% 12:58

Patient Generalities



ID

Type Child Fetal

Height cm

Weight Kg

Age years

Gender M F

Baby Norm Calculator 94% 09:33

PRESSURE

ID = CS00002 H = 120 cm W = 22.0 Kg
BMA = 0,85 Sex = M Age = 6 years

Reference Fouth Report 2004 (USA)

DBP (mmHg)= 55 (P95= 57.0)

SBP (mmHg)= 96 (P95= 100.0)

Reference Details
[THE FOURTH REPORT ON THE Diagnosis, Evaluation, and Treatment of High Blood Pressure in Children and Adolescents. U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES National Institutes of Health National Heart, Lung, and Blood Institute](#)

Baby Norm Calculator 66% 12:59

Laboratory Tests

blood gas

Met Hb (venous blood) = none
blood gas

O2Hb (arterial blood) = 95-98 %
blood gas

O2Hb (venous blood) = none
blood gas

pCO2 (arterial blood) = 27-41 mmHg
blood gas

pCO2 (venous blood) = 32-66 mmHg
blood gas

pH (arterial blood) = 7.35-7.45
blood gas

pH (venous blood) = 7.32-7.42
blood gas

pO2 (arterial blood) = 80-100 mmHg
blood gas

pO2 (venous blood) = 6-30 mmHg
blood gas

Drug doses

Baby Norm Calculator

DRUGS LIST

Name

Group All

- Aciclovir
Antiviral
- Adenosine
Antiarrhythmic
- Adrenaline
Emergency/IV
- Albumin
Vasopressin
- Aldactone
Diuretics
- Alginic acid
Gastroprotective/pro-cynetic
- Allopurinol
Antiinflammatory
- Alteplase

Baby Norm Calculator

DRUG INFORMATIONS

ID = CS000005 H = 70 cm W = 9.0 Kg
BMA = 0,43 Sex = M Age = 1 years

Name: Albumin
Group: Vasopressin

User information:
20% 18-45 ml IV. 4%: 90-180 ml
If no loss from plasma: dose (ml/kg)=5x
(increase g/l) (%albumin)

Dose normalized to weight and/or age.

Echocardiography: a high level application

The image displays three screenshots of a mobile application titled "Baby Norm Calculator". Each screenshot shows a list of echocardiography measurements on the left and their corresponding reference values and patient data on the right.


Screenshot 1 (Left): Shows a list of measurements including Pulmonary Outflow Short, Aorta Long Axis, Aortic Arch Suprasternal, M-mode, LV 4 and 2 Ch, RV 4 and 2 Ch, Atrial, Coronary artery, Pw/TDI Mitral/Tric/P.vein, TAPSE/MAPSE, and Cardiac Output.

Screenshot 2 (Middle): Focuses on the "Aorta Long Axis" category. It displays patient data: ID = CS000005, H = 70 cm, W = 9.0 Kg, BMA = 0,43, Sex = M, Age = 1 years. The reference is Warren 2006 (Canada). Measurements include Valve (mm) at 1,2 (1 - 1,5) with Z = -0,49, Sinuses (mm) at 1,2 with Z = 0,5, Junction (mm) at 1,1 (1 - 1,4) with Z = 0,62, and Ascending Aorta (mm) at 1,1 (0,9 - 1,2) with Z = -0,12. A note indicates "Ranging Age = 0 - 18 years" and a reference detail link: "Dilatation of the ascending aorta in paediatric patients".

Screenshot 3 (Right): Focuses on the "Global Strain" category. It displays the same patient data. The reference is Zhang 2013 (China). Measurements include Longitudinal strain = -17.34 (2.56), Circumf. strain = -17.06 (3.25), Radial strain = 60.28 (13.37), and Global Strain = 30.13 (3.47). A "Reference Details" section provides a link to a study: "Zhang L, Gao J, Xie M, Yin P, Liu W, Li Y, et al. Left ventricular three-dimensional global systolic strain by real-time three-dimensional speckle-tracking in children: feasibility, reproducibility, maturational changes, and normal ranges. J Am Soc Echocardiogr 2013;26:853-9".

Baby Norm Ca... 67% 12:58

Patient Generalities



ID

Type Child Fetal

Height cm

Weight Kg

Age years

Gender M F

Baby Norm Calculator 65% 13:04

Cardiac Chamber M-mode

ID = CS000005 H = 70 cm W = 9.0 Kg
BMA = 0,43 Sex = M Age = 1 years

Reference

LVED diameter M-mode (mm)

25,5 (21,5 - 29,8) Z = -0,23

LVES diameter M-mode, (mm)

15,2 (11,7 - 18,7) Z = 0,43

IVSd M-mode (mm)

4,2 (3 - 6) Z = 0,93

LWPD mode (mm)

0,7 (0,5 - 1) Z = -0,94

Reference detail

[Echocardiographic Nomograms for Ventricular, Valvular and Arterial Dimensions in Caucasian Children with a Special Focus on Neonates, Infants and Toddlers.](#)

Baby Norm Calculator 65% 13:06

Right ventricle 4 and 2 Ch

ID = CS000005 H = 70 cm W = 9.0 Kg
BMA = 0,43 Sex = M Age = 1 years

Reference

RVED area (cm2)

5,1 (3,6 - 7,1) Z = 0,96

RVES area (cm2)

2 (1,2 - 3,1) Z = 1,77

RVED lenght (mm)

33,8 (27,9 - 41) Z = 0,35

RVES lenght (mm)

20,5 (14,9 - 27,1) Z = 0,15

RVED basal diameter (RV1) (mm)

20,5 (16,4 - 25,6) Z = 0,63

ECG/Fetal echo/Stress Test

Baby Norm Calculator

ECG

ID = CS000005 H = 70 cm W = 9.0 Kg
BMA = 0,43 Sex = M Age = 1 years

Reference Garson 1983 (USA)

QRS vector = 55 (da 7 a 101)

PR (sec) = 0.11 (0.08 - 0.15)

QRS (sec) = 0.06 (0.04 - 0.08)

Q DIII (mm) = 8.5

Q V6 (mm) = 3.0

RV1 (mm) = 9.0 (2.5 - 17.0)

SV1 (mm) = 8.0 (0.5 - 21.0)

R/SV1 = 1.4 (0.05 - 4.3)

RV6 (mm) = 13.0 (6.5 - 22.5)

Baby Norm Calculator

Fetal Echo

Reference: Schneider 2007 (UK)

Parameter: Gestational week

Aortic Valve (cm)

1,2 (1 - 1,5) Z = 24,35

Pulmonary Valve (cm)

1,4 (1,1 - 1,7) Z = 29,01

Ascending Aorta (cm)

1,4 (1,1 - 1,7) Z = 19,42

MPA (cm)

1,5 (1,1 - 1,9) Z = 21,76

TV (cm)

Baby Norm Calculator

Stress Tests

ID = Prova H = 160 cm W = 60.0 Kg
BMA = 1,64 Sex = M Age = 11 years

- RV 4 and 2 Ch
- Atrial
- Coronary artery
- Pw/TDI Mitral/Tric/
- TAPSE/MAPSE
- Cardiac Output
- Strain
- Fetal
- Cardiac MRI
- ECG
- Stress Tests
- Nutrition
- Copyright

Reference Harkel T 2011 (Netherlands)

V02 max = 47.7 (7.0) ml/min/kg


V02 VAT = 28.0 (2.0) ml/kg/min

VEV CO2 = 30.4 (4.0) slope

RER = 1.13 (0.08)

Reference Details

Ten Harkel AD, Takken T, Van Oorschot M, Halbing WA Normal values for cardiopulmonary exercise testing in children. Eur J Cardiovasc Prev Rehabil. 2011;18:48-54.



Future prospective

- 3D z scores
- Deformation index z scores
- Z scores also for other imaging modalities
- Not only actual pediatric nomograms need to be reinforced and completed
- Pediatric normal values need to be implemented and/or created according to the development new diagnostic tools

Conclusions

- Nomograms are useful but not perfect tools
- Knowledge of the problem: how to interpret nomograms
- Substantial improvement have been made
- Effort ongoing both in Europe and North America
- A never ending research

Thank you for your attention!

